

## DISCERNMENT PRAYER

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God our Father,  
You have a plan for each one  
of us. You hold out to us a  
future full of hope.

Give me the wisdom of your  
Spirit so that I can see the  
shape of your plan in the gifts  
you have give me, and in the  
circumstances of my daily  
life.

Give me the freedom of your  
Spirit, to seek you with all  
my heart, and to choose Your  
Will above all else.

I pray this through Christ,  
our Lord.  
Amen

Prayer of St. Ignatius

## OMOS Teen MD

Mission Statement

*“A community of high school  
students, welcoming all to  
encounter Christ daily, to seek the  
truth, and transform their world  
through faith and service.”*

Our Mother of Sorrows  
Youth Ministry  
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## CALL TO MINISTRY

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*Our Mother of Sorrows Parish  
encourages teens to grow in  
faith and in community, to share  
their gifts and to actively live  
their Catholic identity as  
missionary disciples from a  
place of love and mercy.*

*If you understand the value and  
importance of teens in our  
church, then you are invited to  
prayerfully consider supporting  
this ministry in a variety of  
ways.*

# Minister Opportunities for OMOS Teen MDs

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## Core Team Members

recognize that Teens are a significant part of the body of our church. Leading by example, they respect each teen and recognize that all teens have their own unique relationship with God. The primary function of Core is to serve High School Teens, by providing a safe and prepared environment, listening to them, inviting them to seek the Truth and explore the beauty and wisdom of our Catholic Church. Our Core Team and teens together encounter Christ through prayer, service, community and sacramental life. Core members must be in compliance with the diocese of Tucson and maintain good standing with the Catholic church. Commitment and consistency is essential. **This is a great opportunity for young adults to continue personal growth and mentor teens.**



## Core Team Support

Consists of people who want to help but are not available on a consistent basis. They maintain compliance, good standing with the church and communicate to best use their gifts. They might fill in for absent Core members, chaperone events or service projects, or work behind the scenes on projects.

## Food Ministry Members

Are invited to sign up to provide a meal one time or on a rotating schedule. Our Teens meet every Thursday evening and every Sunday afternoon. Each gathering begins with prayer and a shared meal. This is a very important ministry.

## Parent Ministry

Is a relaxed group of parents who meet together building a community of support, working to understand current culture and trends and deepening their faith through prayer and study. They do not meet with the teens directly but serve them by supporting service projects, fundraisers, and helping to chaperone at events such as bowling, skating, ball games, etc. For this reason parents are encouraged to take compliance training at Our Mother Of Sorrows. Parent Ministry is for parents and is flexible.

## Prayer Ministry

Consists of people committed to praying for our teens, Core team and our program. You do not need to sign up. You do not need to pray in a specific way or at a specific time. Simply remember to pray for us daily and before the Blessed Sacrament.