

**CONFIRMATION FOR HIGH SCHOOL  
TEENS: FAQ's**

## WHO?

### Teens age 14-18 (grades 9 – 12)

\*If you haven't received Baptism, First Communion, or First Reconciliation (Confession), please contact Mrs. Stehle at 747-1321 for information on additional preparation requirements.

## WHAT?

### A complete preparation program for the Sacrament of Confirmation.

\*This program includes Sunday morning meetings, day and overnight retreats, experiencing different forms of prayer, community service, having fun, and learning to live your Catholic faith.

## WHEN?

### Registration starts in August

\*The Sacrament of Confirmation will be celebrated on Monday, May 2, 2011, at a special evening Mass.

PLEASE register by September 12th (Teen/Parent Orientation Day) so enough materials can be ordered for all participants

## WHERE?

### Weekly meetings are held in the Parish Activity Center (PAC) Dining Room starting at 10:30AM.

Our meetings conclude at noon. Once a month, on the 2nd Sunday, we will attend the 12:15 PM Mass together with our families after our Session.

## DETAILS:

### Kick-off and Orientation Meeting

(Teens and Parents)

#### Sunday, September 12th

10:30AM in the PAC Dining Room

Families will join us for the 12:15 PM Mass

\*Full schedule and information for the year will be handed out at this meeting

#### Oct 3: Teens and Sponsors

\*Sponsor handbook and discussion sessions will be handed out at this meeting

### Sunday Morning meetings:

10:30AM – noon in the PAC Dining Room

Sept 12, 19

Oct 3, 10, 17, 24

Nov 7, 21

Dec 5, 12

Jan 9, 16, 23, 30

Feb 6, 13

March 6, 13, 27

April 3, 10

### Day of Reflection for Candidates (teens)

#### Sunday September 26th

Day of Reflection for Candidates starting at

10:30AM – ending with Life Night

(until 9PM)

### Retreats

Life Teen Fall Retreat: November 12-14

Lenten Poverty Experience: March 18-19

### Service Requirement

Five service projects are to be completed during the current school year (Global, Local, Parish, School, Family). A list of ideas will be provided. Our Life Teen (high school youth group) offers several opportunities for service that you can get involved in! Parents and Sponsors are also encouraged to join you in service projects, in prayer events, and for other activities.

### "XLT" Praise, Worship, and Adoration

The Diocese sponsors monthly "XLT" nights – a night of praise, worship, and Eucharistic Adoration for teens. "XLT" is scheduled on the last Tuesday of the month at the Newman Student Center or other locations (tba). Parents and Sponsors are invited to join us.

## REGISTRATION:

**Register for the High School Confirmation Preparation Program by returning to us:**

\*Completed and signed registration form with parent/candidate covenant

\*A copy of original Baptismal certificate

\*Donation: \$45 (non-stewardship rate)

(for families with more than 2 children in Sacrament Prep programs, please check with Religious Ed Director for discount)

Make check out to:

"OMOS – Sacrament Prep"

*(No program is closed to anyone because of difficulty in payment. Please register and contact us about alternate arrangements)*

## WHY?

***\*The fullness of the Holy Spirit is affirmed when you receive this Sacrament to help you live your faith!***

***\*Time and preparation will help you receive this grace and understand how to use it. It will give you time to have your questions answered!***

***PLEASE REGISTER BY  
SEPTEMBER 12, 2010***

**CONFIRMATION  
PREPARATION  
2010-2011  
HIGH SCHOOL TEENS  
GRADES 9 THROUGH 12**



**OMOS Life Teen  
Youth Ministries**  
1800 S. Kolb Rd  
Tucson, Arizona 85710

home.catholicweb.com/omos/lifeteen  
OR omosparish.org

Phone: (520) 305-3615  
Fax: (520) 790-3308

**Michelle Benzenhoefer**  
Director of Youth Ministries  
[mbenzenhoefer@omosparish.org](mailto:mbenzenhoefer@omosparish.org)



*"All-powerful God, Father of our Lord Jesus Christ, by water and the Holy Spirit you freed your sons and daughters from sin and gave them new life. Send your Holy Spirit upon them to be their helper and guide. Give them the spirit of wisdom and understanding, the spirit of right judgment and courage, the spirit of knowledge and reverence. Fill them with the spirit of wonder and awe in your presence. We ask this through Christ our Lord.*

*From the Rite of Confirmation*